

BOOKMARK  
YOUR SERVICES  
DIRECTORY

# Your Success and Wellbeing Services



## Build wellbeing skills

Learn how to be at your best and help others through free workshops and opportunities

## The Living Room

Feeling stressed or lonely? Drop in to Shenton House and chat with a Peer Supporter between 11am-4pm, no appointment

## Counselling

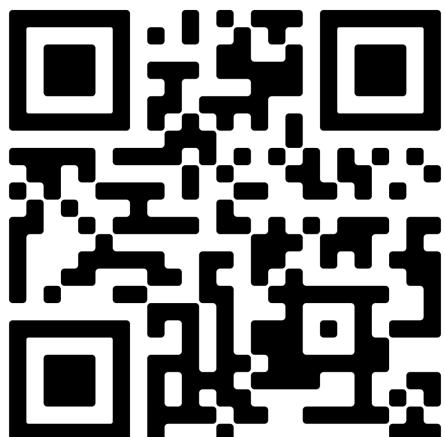
Book online for free, private and confidential counselling for a range of issues

## International Student Support & International Student Lounge

Come and visit us in Shenton House if you need to speak to a team member or meet other international students

## Financial Help

Apply to loan or own a laptop or access financial help for severe financial hardship



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## Academic skills

Get advice, one-on-one support and workshops to improve your skills in academic writing, study, English language, research, maths and stats

## Accessibility support

Explore learning adjustments for a physical or mental health condition or disability affecting your studies

## Support for Sexual Assault and Harassment

Access confidential support from a specialist about safety, academic, wellbeing and reporting options

## Health and Medical Services

Book online for an appointment with a GP (doctor). Bulk billed for domestic, OSHC covered for international students. Medibank are our preferred provider

## Security

24/7 assistance and security escorts to car parks and College Row. Download the Safe Zone App